



VOCAL TONING AND HARMONIC OVERTONING

Creative Expression and Healing with the Human Voice

Online Music Lessons WITH GEORGE GRANT

Online sessions from the convenience of your home or office computer or tablet,
scheduled and tailored to the needs and comfort of all skill levels.
No experience required – lessons from basic to advanced.

*Secretly, almost everyone wants to sing and make music,
some people just don't want to perform for an audience.*

You do not have to! We can express our secret feelings -- in secret.

To eliminate the anticipated pressure and judgment by an audience – eliminate the audience.
Instead of performing for somebody else, we are free to explore personal music, in privacy,
for our own joy and health, that is vocal toning for health and wellness.

Typically, singing involves a specific song, "getting it right," and pressure to impress an audience.
Vocal Toning is quite the opposite. By yourself, or in a small group of trusted friends,
Vocal Toning starts one breath and one tone at a time.

Use wordless open vowel tones to freely experiment with spontaneous pitches, patterns, & harmonies.

There are no mistakes; not ever. Instead of pleasing an audience, we focus on healthy breathing
intuitive and emotional freedom, joy, feeling body resonance, and an attitude of healing,
surrender and meditation. Naturally, singing and music are the side-effects of Vocal Toning.

Online Lessons / Books / Recordings / Vocal Toning / Hand Drumming-Drum Talk / Sound Healing Skills

For more information, access to videos, testimonials, press, educational materials and a no obligation chat with George

www.VocalToning.net

