



SOUND HEALING AND MUSIC MEDITATION

Sound Healing and Music Meditation Skills

Online Music Lessons WITH GEORGE GRANT

Online sessions from the convenience of your home or office computer or tablet, scheduled and tailored to the needs and comfort of all skill levels.

No experience required – lessons from basic to advanced.

Intuitive Healing Music – Specifically For You

Without needing to sing yourself -- sit in a chair or lay on your back in street clothes and learn to feel intuitive vocal toning and harmonic overtones, made specifically for you, to resonate, and integrate your body-mind-heart-soul.

Sound Healing Can Help With,

- Addiction
- Anxiety
- Arthritis
- Asthma and Respiration
- Blood Pressure
- Brain Health and Aging
- Cancer and Chemotherapy
- Depression
- Fatigue
- Focus-Attention Issues
- Hospice
- Pain Management
- PTSD
- Sleep Apnea
- Surgery and Illness Recovery

Self Healing Skills – Active Listening

Online with George, and privately with recordings, learn specific self-healing skills in body resonance, body awareness, breath, and visualization. With Active Listening, music has the power to catalyze healing skills, to calm the mind, to awaken the body, to inspire the soul -- and truly heal mind/body connections.

Strengthen and direct the natural power of "chi" already wired within your body.

Music As Energy Work and Prayer

Naturally and without words -- for powerful blessings, or to support and catalyze other bodywork and healing modalities -- intuitive toning is a perfect expression of vibrational energy-work and non-verbal prayer.

Online Lessons / Books / Recordings / Vocal Toning / Hand Drumming-Drum Talk / Sound Healing Skills

For more information, access to videos, testimonials, press, educational materials and a no obligation chat with George

www.VocalToning.net

